

2018 SERIES #6 YOGA FOR EVERYBODY

All classes are held at the Imperial Park Rec Center (IPRC)
234 Matlage Way, Sugar Land, TX 77478

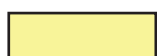
Instructor: Ken Hainline ~~ 832-496-2497 ~~ www.y4eb.com

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 11:00am-Noon 7:00-8:00pm	3 5:45-6:45pm	4 * LONG * FCCC 10:00-11:00am	5 5:45-6:45pm	6	7 8:45-9:45am
8	9 11:00am-Noon 7:00-8:00pm	10 5:45-6:45pm	11 * SHORT * 8:15-9:15am 7:00-8:00pm	12 5:45-6:45pm	13	14 8:45-9:45am
15	16 11:00am-Noon 7:00-8:00pm	17 5:45-6:45pm	18 * LONG * 8:15-9:15am 7:00-8:00pm	19 5:45-6:45pm	20	21 8:45-9:45am
22	23 11:00am-Noon 7:00-8:00pm	24 5:45-6:45pm	25 * SHORT * 8:15-9:15am 7:00-8:00pm	26 5:45-6:45pm	27	28 8:45-9:45am
29	30 11:00am-Noon 7:00-8:00pm	31 5:45-6:45pm				

August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 * LONG * 8:15-9:15am 7:00-8:00pm	2 5:45-6:45pm	3	4 8:45-9:45am



MORNING CLASS



EVENING CLASS



SUBSTITUTE



NO CLASS



CLASS RELOCATION - Noted in box (FCCC or LCCC)
or CLASS TIME CHANGE - Noted with RED text

* SHORT *
* LONG *

Yoga mat edge in relation to the front of the room